

# WILDERNESS UPGRADE FOR MEDICAL PROFESSIONALS (WUMP)

*Sponsored by NOLS Wilderness Medicine and the Far Flung Outdoor Center*

**Dates:** *November 5-9, 2018*

**Tuition Cost:** *\$699.00*

**Location:** *Oasis Lodge at the Far Flung Outdoor Center*

## COURSE DESCRIPTION

Learn to improvise equipment, deal with challenging environments, and make difficult decisions with confidence on your Wilderness Upgrade for Medical Professionals course. You'll learn to apply your urban emergency care knowledge to the wilderness through case studies and practical scenarios with mock patients. Our seasoned instructors will guide you through five days of intense, hands-on learning to make sure you are prepared in the wilderness.

You'll learn both in the classroom and in outdoor settings regardless of weather, so come prepared for wet, muddy, cold or hot environments!

## PREREQUISITES

This course is designed for EMTs, nurses, physicians, physician assistants, other medical professionals and medical students. You must be 18 years old to attend this course.

## CONTINUING EDUCATION

This course is pre-approved for 48 hours of EMS Continuing Education by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE).

Physicians may earn 43 hours of continuing education through joint providership with the Wilderness Medical Society for participation in this course.

For more information on CE credits go to:

<https://www.nols.edu/en/resources/credit-continuing-education/continuing-education/>

## REGISTRATION/POLICIES

A **non-refundable** deposit of **\$50** is required to reserve a space in the course with the tuition balance due **48 hours prior to the first day** of class. Payment may be made by cash, check or credit card. The tuition cost covers instructors, textbooks, syllabus, equipment and certifications only. It does not cover lodging, travel, meals or incidentals.

## CANCELLATION AND REFUND POLICY

If a student withdraws from the course:

- Prior to the first day of the class, the deposit of \$50 is non-refundable and non-transferable.
- Within 48 hours of the class or during the class, the tuition is non-refundable and non-transferable.

## WMI STUDENT AGREEMENT

**Please download this agreement and read it** very carefully as it affects your legal rights. Bring the **two-page** signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. **NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.**

## CLASS FORMAT/ EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from **8:00am – 5:00pm**. The format for this 48-hour WUMP is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently, stage blood (moulage) and make-up will be used to emphasize the reality of a scenario.

This course will involve night scenario on the Thursday evening of class. You will be asked to participate in this training exercise, regardless of the weather. Please bring sufficient clothing and equipment as if you were going on a day hike with the possibility that you might have to overnight unexpectedly in the backcountry.

**You will need to bring at a minimum:** large day pack water bottle, quality rain gear, quality outerwear such as fleece, sturdy boots, head lamp or flashlight, a watch with second hand and a day pack.

## TRAVEL/DIRECTIONS

The course will be held at the Oasis Lodge on the campus of the Far Flung Outdoor Center. Far Flung Outdoor Center is located on FM 170 about one half mile west of the intersection of Highway 118 and FM 170 in Study Butte/Terlingua. For specific directions go to: <http://bigbendfarflung.com/about-us-2/directions/>

## LODGING

**Casita Lodging:** Far Flung Outdoor Center has 12 fully furnished “casitas” for rent as overnight accommodations. Each unit includes two queen beds, a mini-kitchen with microwave, refrigerator, coffee pot and sink and large porches to enjoy a West Texas sunset. For more information about Big Bend Casitas go to: [www.bigbendfarflung.com/lodging](http://www.bigbendfarflung.com/lodging).

Far Flung Outdoor Center will be offering \$139/night, double occupancy rates for students enrolled in the 2018 WUMP course. Contact us at 432-371-2633 to book your casita!

**Camping:** Tent camping is available at Far Flung for \$15/night which includes the use of campground, showers, restrooms and outdoor kitchen.

Please note that pets are not allowed at the course and cannot be kept in a vehicle on the Far Flung campus. Smoking and/or the use of alcohol is prohibited in the classroom or during class training sessions.

**Please contact Far Flung Outdoor Center with any questions at:**

432-371-2633 or email [greg@ffoc.net](mailto:greg@ffoc.net)  
[www.bigbendfarflung.com](http://www.bigbendfarflung.com)