

NOLS WILDERNESS MEDICINE

Wilderness First Aid Course Schedule

November 2016

DAY 1

Morning

- Introductions
- Patient Assessment System

Afternoon

- Emergency and Evacuation Plans
- Spine Injury
- Head Injury
- Shock
- Wilderness Wound Management

DAY 2

Morning

- Wilderness Wound Management
- Scenario
- Musculoskeletal Injury
- Heat Illness

Afternoon

- Scenario
- Cold Injury
- Lightning
- Altitude Illness
- The Medical Patient
- Anaphylaxis
- Closure

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